

**AMENDED AND RESTATED BYLAWS OF Sacramento Youth
Football (SYF) an affiliate nonprofit under American youth
Football**

Association Bylaws

adopted

December 21, 2011

ARTICLE I: OBJECTIVES

Section 1

The objective of SYF shall be:

- (a) To instill firmly in the youth of the community citizenship, good sportsmanship, and academic excellence.
- (b) To introduce athletes to the fundamentals of youth athletics. To provide an equal opportunity to participate in an organized, safety-oriented program.

Section 2

To achieve the above stated objectives, the association will provide a supervised program under the rules and regulations of the league/leagues in which we participate. All officers and members of the association shall bear in mind that the attainment of athletic excellence is secondary to the prime goal of molding excellent citizens.

Section 3

In accordance with sec 501-c-(3) of the Federal Internal Revenue Service Code, the association shall operate as a non-profit educational organization, providing a supervised program of competitive sports activities. No more that 50 percent of the association's income may be used for salaries of paid employees of said association.

ARTICLE II: Principle Office

The principle office for business transactions of the association shall be 5845 Dry Creek Road, Rio Linda, California, 95673, in the County of Sacramento.

ARTICLE III: Membership

Section 1

Any person sincerely interested in actively participating in the objectives of the association and in good standing in the association, may become a member. A person shall not be required to be affiliated with any other group or organization to qualify as a member of the association.

Section 2

There shall be the following classes of member:

- (a) **PLAYER MEMBER:** any player meeting SYF requirements regarding age and weight shall be eligible to participate, but shall have no rights, duties, or obligations in the management of the property of the SYF.
- (b) **PARENT or GUARDIAN MEMBER:** those persons having one or more athletes participating in SYF who are in good standing and have a signed and dated code of conduct on file annually. Membership also includes adults without participating athletes who may be granted membership under policies established by SYF. Membership privileges are extended to matters that are placed before the general membership for consideration. Membership does not include voting rights.

Section 3

Membership from the association may be altered in any of the following manners:

- (a) **RESIGNATION:** Membership in SYF may be resigned at any time by the association president.
- (b) **DISCIPLINE, SUSPENSION, OR TERMINATION:** The SYF president or the board of directors has the authority to discipline, suspend, or terminate the membership of any member whose conduct is considered detrimental to the goals and objectives of the SYF. The recommendation for discipline, suspension, or termination must be approved by the association president.

In the event of prescribed discipline, suspension, or termination, the member in question shall be notified of the meeting date, time, and location. They shall be advised of the general nature of the suspect conduct. The member shall be provided the opportunity to prepare and present their defense during the meeting. The association and its Board of Directors shall in all cases, make every effort to ensure the meetings are conducted in a fair and non-hostile environment. At end of said meeting the president shall determine the outcome of discipline, suspension, or termination etc.

ARTICLE IV: Board of Directors

Section 1

The management of the property and affairs of the SYF shall be vested in the President:

- (a) The Executive Board of Directors shall consist of the office of the President, Vice Commissioners for each sport or activity, Secretary, Treasurer, Cheer Coordinator.
- (b) Terms on the Board of Directors positions are annual, but may be terminated by resignation, president's discretion for conduct detrimental to the welfare of the goals and objectives of the SYF

Section 2

The President and or Board of Directors reserves the right to discipline, suspend, and or revoke any member of the association in accordance with the procedure set forth in Article IV, Section 3.

Section 3

The SYF is an affiliate Non Profit Corp, under American Youth Football, our national governing body. Vacancies on the Board of Directors shall be filled by the president. He/ She has the authority to appoint members to the Board of Directors. Members nominated for positions on the Board of Directors, must be in good standing, prior to their eligibility to serve.

Section 4

All matters concerning the policies and operations of SYF shall be decided by the president and in his or her absence the Board of Directors. In the president's absence no motion shall be carried without a favorable vote by the majority of those present at a duly constituted meeting. By definition, a duly constituted meeting may be scheduled or unscheduled. Each member of the Board of Directors shall be entitled to cast one vote on any business matter. In any case where a vote is taken and its results end with a tie, the President will cast the deciding vote.

Section 5

The duties of the Executive Board shall be as follows:

- (A) The President/Corporate Chief Executive Officer shall be responsible for conducting the affairs of the SYF and executing policies established by the Board of Directors. The President/CEO shall preside at all meetings of the members and the Board of Directors, co-sign all notes and checks of SYF, represent the association at meetings and perform all

other duties as customarily pertains to the office of President/CEO to include board appointments.

- (B) The Secretary shall record the minutes of all meetings of the members, and of the Board of Directors. The Secretary shall give or cause to be given, in a manner prescribed in this constitution and bylaws, due notice of all elections, meeting of the members, and the Board of Directors, and shall perform other duties as prescribed by the Board of Directors.
- (C) The Treasurer shall maintain the association's financial records, co-sign all notes and checks of the associations, receive all dues, donations and fees, and hold and disburse funds at the direction of the Board of Directors.
- (D) The Cheer Coordinator is responsible for the cheer coaching staff and cheer activities. The Cheer Coordinator nominates all cheer coaches. The Cheer Coordinator is responsible for cheer practice schedules. The Cheer Coordinator insures that all coaches and youth participants meet league certification standards. Suspension or termination of coaches is a primary responsibility of the Cheer Coordinator; this authority does not preclude the SYF President (or the Board of Directors with majority vote) from suspending a coach or player participant.

Section 6

The duties of the Administrative Board of Directors shall be as follows.

- (A) The Vice Commissioners shall assist the president. In the event of an extended absence or disability of the president, the Vice Commissioners shall assume the duties of the president upon a majority vote of the Board of Directors. The Vice Commissioners shall be responsible for participant safety, insuring all athletic activities are appropriately trained and equipped for safety and first-aid contingencies. Responsible for the nominations of all coaching staff, camps, clinics, and the supervision and or delegation of all fundraising events.

ARTICLE V: Meetings

Section 1

General membership meetings will be held a minimum or once a year. The purpose of the general membership meeting shall be:

- inform the membership of financial status of the SYF
- inform the membership of status or changes in athletic league affiliations
- provide membership opportunities
- nominate candidates for vacant positions on the Board of Directors
- Provide a forum to discuss all aspects of SYF business

Section 2

Regular meetings of the Board of Directors shall be held every month if applicable. All regularly scheduled board meetings shall be open to the membership at large. The President may call unscheduled, special, open, or closed meetings or workshops at any time.

Section 3

The President or Secretary may call for a special meeting of the Board of Directors at any time. The Secretary shall call for a special meeting of the Board of Directors upon verbal or written request by any three (voting) members of the Board of Directors.

Section 4

Notice of all meetings shall be given by the Secretary to each member of the Board of Directors either by mail at least three days in advance, or by phone, or in person at least twenty-four hours prior to the meeting.

Section 5

A majority of the members of the Board of Directors shall constitute a quorum, and a quorum shall be necessary to conduct any business at a meeting of the board of directors.

Section 6

Robert's Rules of Order shall guide the proceeding of all meetings except where such rules conflict with the constitution and by-laws of the association.

ARTICLE VI: Coaching Appointments

Section 1

This section governs the procedures deployed to select head coaches, coaching assistants, and instructors for all participating athletic programs.

1. Volunteer Coach Applications will be accepted by any member of the board of Directors and then turned over to the Vice Commissioners for presentation to the board. Applications are only accepted in writing, via the authorized SYF Coaching Volunteer paper form.
2. The role of Head Coach, Assistant Coach, and instructor must be well defined, documented and communicated to candidates. Candidates must fully understand the expectations of their role before accepting the position. It is the responsibility of the Board of Directors to ensure expectations are communicated, accepted, and met.

3. Head Coaches, Assistant Coaches, and Instructors must meet a predefined list of qualifications, and be approved by the President or his/her designee.
4. Head Coaches, Assistant Coaches and Instructors must meet the certification qualifications of the league in which they will coach.
5. Instructors must be fifteen years of age or older, who no longer qualify for participant membership, and their participation is approved by the league in which they instruct.
6. The Board of Directors shall have the authority to discipline, suspend, or remove any Head Coach, Assistant Coach, or Instructor in accordance with procedures set forth in Article IV.

ARTICLE VII: Financial Policy

Section 1

The Board of Directors shall decide all matters pertaining to the finances of the SYF. All income shall be placed in a common treasury account. Funds earned for benefit of specific association activities shall be maintained for that specific activity.

Section 2

All funds generated via donations and fund raising activities shall be deposited in the association's common treasury account.

Section 3

Within thirty days of the end of each quarter, a financial committee shall convene to audit the financial statements for the prior quarter if requested by the Board of Directors.

Section 4

The Financial Committee shall be the Vice Commissioner, Treasurer, and one adult member from the athletics discipline. There shall be no other Board of Directors present, or participating on the committee.

Section 5

Within ninety days of the end of the calendar year, the Board of Directors shall request that the Financial Committee convene to audit the financial records of the prior year and prepare a fiscal budget for the new year and, or hire a CPA.

Section 6

The SYF shall charge a \$25.00 fee for checks returned for non-sufficient funds. The association reserves the right to suspend membership privileges and pursue legal action if funds cannot be collected.

Section 7

Upon dissolution of the SYF and satisfaction of all outstanding debts and claims, the President or someone of his/her choosing shall distribute any equipment/property or funds to any other duly constituted non-profit agency that is oriented toward youth athletic activities within the State of California.

ARTICLE VIII: Rules and Regulations

Section 1

The Board of Directors shall adopt such rules and regulations for the conduct of meetings and association activities, as it deems proper and necessary.

Section 2

Rules and Regulations of the local leagues shall be binding.

Section 3

The Board of Directors shall maintain Supplemental Operating Instructions (SOIS). SOIS shall govern association administrative activities. Activities regulated by SOIS shall be specific. SOIS shall regulate policies such as sign-up fees and refund policies, player team assignment, and more.

Section 4

The by-laws and SOIS shall be distributed annually to the Board of Directors and made available to all members. Members may purchase copies of the by-laws and SOIS for a fee.

Section 5

The by-laws, as set forth herein are not to be changed; only updated as necessary to facilitate the objectives of the SYF.

ARTICLE VIII: Amendments

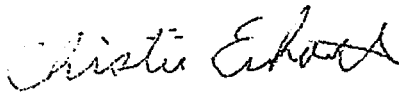
Any section of these by laws may be amended, but not repealed. Amendments will only occur by a 2/3 vote of the Board of Directors present at any duly constituted meeting provided that written notice of such proposed changes are mailed under signature of the Secretary. The written notice must be mailed to each member of the Board of Directors at least fifteen days before the meeting at which the proposed changes will be submitted to a vote.



Louis J Erhart

SYF President

12/21/11



Christie A Erhart

Treasurer/Secretary

12/21/11



Ron Davis

Vice Commissioner

12/21/11



Bobbie Biggs

Cheer Coordinator

12/21/11